

27th Annual - Great Arizona Bicycle Adventure

September 28th through October 7th, 2007

Information Message Line: (520) 490-8335

Registration Fee: \$645

Ride Director: Dorothy Barth

PLAN YOUR BICYCLE VACATION NOW!

This ride is limited to 200 Cyclists!

Check in with other riders at the GABA [Bulletin Board!](#)

Sign up 6 cyclists and pay the price of 5 (registrations must be sent in together)

Registration Fee Includes: Five group dinners; daily baggage transport to host lodging and camping locations; Outdoor camping with showers; SAG support; quality food stops along daily route; end of day refreshments; Entrance pass to the Grand Canyon National Park; Tour route guides with maps; Commemorative ride wear and gifts, including a water bottle; Mechanic support for minor repairs (parts extra \$).

Route: The 505-mile route begins at the AVI Casino in Laughlin, Nevada, and ends at the Apache Gold Casino in San Carlos, Arizona. It features a full day off at the Grand Canyon, as well as 6 days of riding, for an average of 84 miles per day. Total elevation gain over the course of the tour exceeds 31,000 feet.

Temperatures: Be prepared for very cool temperatures at higher elevations; frost is possible at night or early mornings. It can and does rain and snow in Arizona. At lower elevations, temperatures can reach 100 degrees at times.

Lodging: A large percentage of our tour participants choose the motel option for all or part of the week. A list of host lodging locations will be furnished upon receiving a completed, paid registration form. Early reservations are necessary to ensure receiving our group rate price, and room availability.

Camping: The camping site is usually at the daily host motels. Showers are provided. There is no indoor camping. There is NO camping in Phoenix or Laughlin.

Luggage: Maximum of 2 duffel bags per person, with a maximum weight of 40 lbs. each, are transported to daily host locations only.

Meals: The tour includes 5 group dinners, and after-ride snacks. Please note: We do make both meat and vegetarian dinners and snacks available. However, if you have special dietary needs, be prepared to supplement your meals accordingly.

SAG Stops: At designated locations along the daily route, quality food stops offer a variety of fresh fruits, juices, great snacks, luncheon meats and other sandwich fixings mid-day, sodas, and water.

Mechanic Support: A mechanic will accompany our Tour for minor repairs and adjustments. Bike parts will be available at competitive prices. Your bike should be in excellent working order before leaving home, including low gears for the BIG climbs we have. Recommendation: A week-long tour is not the time to try out untested or new bicycle parts or components.

Training: To fully enjoy Arizona's spectacular scenery, training is recommended. Throughout the riding season, cyclists should build up to a 50-80 mile ride weekly. By October, riders should have completed at least one century ride; more than one is advisable. This route contains several challenging climbs and elevation gains.

Massages (\$): There will be a massage team at the host hotel each night. Scheduling can be done each day, or in advance. Drop-ins are welcome as time is available.

Bicycle Shipping: Bicycles may be shipped to Landis Cyclery Bicycle Shop for assembly (includes a safety check) and delivery to the Best Western Airport Inn in Phoenix, for a fee. Contact Tim or Brian at (602) 264-5681 for more information. They will also pick up and pack your bicycle and ship it back to you. If you have a relatively early departure from Phoenix on your return, this option will hasten that process. If you prefer, you may ship your bike directly to the Best Western Airport Inn, where it will be stored in a locked storage room for you to assemble upon arrival.

Bicycles: All bicycles must be assembled before leaving the hotel in Phoenix. Please understand that due to limited storage space on the tour, no bike boxes or bags can be carried on our luggage truck. A locked storage room will be made available for those items at the BW Airport Inn in Phoenix, for the duration of the Tour.

Lodging at the Grand Canyon National Park: We have reserved a group block of rooms for two nights at Yavapai Lodge West. These must be prepaid with your registration. If you reserve a room and want to share it, please enter a posting on the website bulletin board. These rooms will sell out fast so please book early.

Return Flight Info: When you are making your return flight plans, please take into consideration that if you are taking your bike back with you, or having it shipped from the hotel, rather than using Landis Cyclery, you will need to allow enough time for the disassembly and packaging of the bike, and shuttle time to the airport. For these reasons, it is generally wise to not plan on flying out before 3 PM on Sunday, October 7th.

Optional Bus Trip and Bike Transport from Phoenix to the AVI Casino on Saturday, September 29th: Bus and bike transportation from Phoenix (Best Western Airport Inn) to the start of the tour in Laughlin, Nevada is available for \$55 per person. Assembled bikes will begin loading at approximately 8:00 AM (boxes will remain in a locked room at the BW Airport Inn.) Motor coaches will begin loading at approximately 9:00 AM. A complimentary sack lunch will be provided to all passengers.

Optional Bus Trip and Bike Transport from San Carlos to Phoenix on Sunday, October 7th: Bus and bike transportation will again be available at the cost of \$45 per person for the trip from the Apache Gold Resort, San Carlos to Phoenix. Bikes will begin loading at approximately 7:30 AM, and motor coaches will begin loading at approximately 8:30 AM, arriving at the Best Western Phoenix Airport Inn around 10:30 AM.

Confirmation Letter: This will be e-mailed to you (or mailed as required) shortly after receiving your check with a completed and signed registration form and signed waiver. The letter will contain a designated motel and camping location list, and a list of suggested equipment and clothing items for the Tour.

**For additional information, contact
gabamail@comcast.net**