

**When calling or e-mailing, always mention “GABA” or “GABA Rates”**  
**Best Western Airport Inn (800) 528-8199**  
**2425 S. 24th Street (480) 273-7251**  
**Phoenix, AZ 85034**

**Pre-tour Check in: Friday, September 28th from 7 – 9 PM at the Best Western  
Airport Inn, Phoenix**

**For those unable to join us on Friday evening, there will be a check-in session  
Saturday morning from 7 - 8 AM.**

### **Saturday, September 29<sup>th</sup>**

Optional bus trip and bike transportation (\$) from the Phoenix Best Western Airport Inn to the AVI Casino, Laughlin, Nevada. We will be on our way by 9 AM. Relax and enjoy a sack lunch and the scenery. In Laughlin, relax at the water's edge at the AVI Resort. Take your bike out for a short spin so you're ready to ride in the morning. Enjoy our tour kick off banquet later that evening.

### **Ride Day 1: Sunday, September 30<sup>th</sup>**

**Laughlin, NV to Kingman, AZ** (50 miles, approximately 5,100' of climbing): Head into the Black Mountains, and cruise into the old mining town of Oatman. Take care to not run into any burros! Exchange one saddle for another and take a horseback ride.

### **Ride Day 2: Monday, October 1<sup>st</sup>**

**Kingman to Seligman** (88 miles, approximately 3,900' of climbing): Continue pedaling on the longest currently used stretch of Route 66. Stop and take a tour at the Grand Canyon Caverns, the largest dry caverns in the United States.

### **Ride Day 3: Tuesday, October 2<sup>nd</sup>**

**Seligman to Grand Canyon** (99 miles, approximately 5,700' of climbing): Enjoy the changing scenery as you pedal to the high desert forest of the South Rim. About 25 miles will be on the wide shoulder of I-40, the only paved road connecting these places, during light midweek traffic.

### **Day 4 (Rest Day): Wednesday, October 3<sup>rd</sup>**

**Day Off at the Grand Canyon National Park:** Explore the canyon on foot or by bike. Ride out the East Rim Drive, or visit the spectacular overlooks on the West Rim Drive. You can also trade in cycling shoes for hiking boots and spend a day below the rim of the canyon.

#### **Ride Day 4: Thursday, October 4<sup>th</sup>**

**Grand Canyon to Flagstaff** (80 miles, approximately 3,300' of climbing): Enjoy the cooler temperatures at higher elevation and the scent of the pine forest as you pedal along the shoulders of the San Francisco Peaks.

#### **Ride Day 5: Friday, October 5<sup>th</sup>**

**Flagstaff to Payson** (94 miles, approximately 5,600' of climbing): Ride by Lake Mary in the world's largest ponderosa pine forest. Crest over the Mogollon Rim and enjoy steep descents through the small towns of Strawberry (great pies) and Pine.

#### **Ride Day 6: Saturday, October 6<sup>th</sup>**

**Payson to San Carlos** (95 miles, approximately 8,000' of climbing): Savor a thrilling 9 mile descent into saguaro country, past Roosevelt Lake. View historic Roosevelt Dam, and travel over the world's longest steel arch and suspension bridge. Test your legs on the steep climb to follow, cycling through the old mining town of Globe, and on to San Carlos Apache country.

**Entire course: (505 miles, approx. 31,500')**

#### **Sunday, October 7<sup>th</sup>**

Optional bus trip (\$) from the Apache Gold Resort to the Best Western Airport Inn in Phoenix. Motor coaches will begin loading at 8:30 AM.